The Drive Methodist Church

Eastern Avenue Ilford IG13PP

Newsletter

October 2022



Qugen Clizabeth 11

1926—2022

Minister: Revd. Mmasape Zihle

Email: mmasape.zihle@methodist.org.uk

Church Mission Statement of The Drive Methodist Church

The Drive Methodist Church aims to be faithful to the commandments of Jesus, and the calling of the Methodist Church.

The calling of the Methodist Church is to respond to the gospel of God's love in Christ and to live out its discipleship in worship and mission, and to fulfil the promises detailed in the Methodist worship book.

Provide a weekly opportunity for all people to worship God in Christ, here at The Drive Methodist Church.

Enable people to grow and learn as Christians through mutual support and care.

Be a good neighbour to the immediate and wider community. Sharing our faith with others through pastoral care, church activities and communication. A Statement from his Majesty The King at the time of the Queens death.

"The death of my beloved mother, Her Majesty The Queen, is a moment of the greatest sadness for me and all members of my family.

We mourn profoundly the passing of a cherished Sovereign and a much loved Mother. I know her loss will be deeply felt throughout the country, the Realms and the Commonwealth, and by countless people around the world.

During this period of mourning and change, my family and I will be comforted and sustained by our knowledge of the respect and deep affection in which the Queen was so widely held."

Thursday 8th September 2022

Response from The Methodist Church

Our prayers are for her family who have lost a mother, grandmother, great-grandmother and aunt and we pray that all may be inspired by her service and guided by her example.

"The prayers of the Methodist people are also offered for His Majesty the King in his new role."

The Revd Graham Thompson and Anthony Boateng,

President and Vice-President of the Methodist Conference

A Prayer on the death of Her Majesty the Queen

Creator God.

We give thanks for the life of Her Most Gracious Majesty, Queen Elizabeth II.

We honour her life of service built on a firm foundation of faith and an exemplary commitment to duty.

Comfort those who mourn and bring peace to those in distress.

We offer our prayer in the name of Jesus Christ our Saviour.

Amen.

An except taken from the Eulogy

"In 1953 the Queen began her Coronation with silent prayer, just there at the High Altar. Her allegiance to God was given before any person gave allegiance to her. Her service to so many people in this nation, the Commonwealth and the world, had its foundation in her following Christ – God himself – who said that he "came not to be served but to serve and to give his life as a ransom for many.

People of loving service are rare in any walk of life. Leaders of loving service are still rarer. But in all cases those who serve will be loved and remembered when those who cling to power and privileges are long forgotten."

Justin Welby

Archbishop of Canterbury

19.09.2022

WE STAND TO MOURN A SOVEREIGN

We stand to mourn a sovereign, a nation's guide and friend, who through long years of tumult was faithful to the end.
We offer our thanksgiving for all that she instilled: her constancy of service, her lifetime's vow fulfilled.
Now from our world departed - though never from our hearts - receive her in the peace, Lord, your love alone imparts.

And as we mark a passing of sceptre, orb, and throne, we'll find in her compassion a pattern for our own: that all who stand in mourning, or languish now in fear, may know again your promise to wipe away each tear. With her we'll join in witness, Christ's mercies our refrain: great Sovereign of the nations, eternal is your reign!

Words: Dominic Grant, 9 September 2022. Tune: Thaxted ("I vow to thee, my country")



King Charles III

GOD SAVE THE KING

From the Ministers Desk

Dear Friends,

The advent and progression of modern communication technology means news and events get to us almost instantaneously. I remember the days when receiving a telegram from the postman came with a sense of fear and dread to my grandmother, whom I lived with as a child. Written in short phrases with stops in between, it was sometimes hard to decipher the message. Not anymore, news come to us thick and fast and most with too much detail.

The news of the Queen's failing health reached television screens and radios and at once many took to camp outside the palaces so they were ready to pay their respects and to get the confirmation of any other news first hand.

The news of the death of Queen Elizabeth II on Thursday September 8th, 2022 was a history changing moment. Only a few months ago we all joined in with the Jubilee celebrations for the longest ever reigning Monarch. It is a memory that will remain with me along with other significant moments such as the death of Mother Theresa, Princess Diana, The Nobel Peace Laureate Desmond Tutu and the 9/11 bombing of the twin towers. I wonder if all those young people who were in church on Sunday the 11th September

will have similar memories in years to come?

I salute Queen Elizabeth II for her willingness to publicly voice her faith in God and seeing her faith as what drove her to serve her country in the way that she did. I hope that by the time you read this article, you will have had the opportunity to pay your respects to Her Majesty in the way that is most meaningful for you, or you might have signed condolence books and given thanks to God for her life. So, we give thanks to God for a life well lived in faith and dedication to service and duty. I invite you all to continue to pray for King Charles III as he takes on his new role and leads us as a nation into a new era.

In 2008 the Queen said: 'I hope that, like me, you will be comforted by the example of Jesus of Nazareth who, often in circumstances of great adversity, managed to live an outgoing, unselfish and sacrificial life. He makes it clear that genuine human happiness and satisfaction lie more in giving than receiving; more in serving than in being served.'

I too, hope that we will seek to live out our days with the examples of Christ guiding all that we do for the glory of God's kingdom.

With my love and prayers

Mmasape

Church Family News

It is good to know that **Rochelle** is feeling much better.

We remember **Sandra Runeckles** in our prayers as she continues with treatment.

Sandra Folkes is expecting soon to begin some long awaited physiotherapy which hopefully will help boost her recovery. We wish her well.

Brian Taylor is expecting to be fitted with a pacemaker in the near future. We wish him well with this procedure.

Josie Jiggins is doing well at home. Please call Josie before visiting her.

Carol Hurd, from St Andrews and a visitor of The Drive is very unwell in hospital. We offer our prayers for Carol and her family and friends.

OCTOBER BIRTHDAYS

Happy Birthday Wishes to

Janet Brunnen for 1st Oct Sheela Selwyn for 3rd Oct We hope you both enjoy your special day.



Memorial to Verney Brathwaite



Friday 19th August would have been Verney's 96th birthday, but she died in November 2021.

Reverend Mmasape led the service at The Burial Plot, City of London Cemetery on 19th August 2022 to celebrate Verney's life. It was attended by some of her family and friends but

of course many of her relations live in Guyana, Canada and the USA. Verney used to visit them and even flew to Guyana in her 90's to see her brother.

Some of us from The Drive met many of her relatives at Verney's 90th birthday party at Eastbury Manor House in Barking. The family wanted to return to Eastbury after the Memorial Service for refreshments, but it has not been available for hire since Covid.

We had refreshments in The Drive Hall instead. I think that the smaller group would have 'rattled around' that large Elizabethan Manor House. Our church hall was decorated with white cloths and tall vases of red roses and it looked beautiful.

Thanks to Amy Gabbidon for providing an excellent buffet.

Susan Ruckes

Her Journey's Just Begun Don't think of her as gone away, her journey's just begun, Life holds so many facets, this earth is only one, Just think of her as resting, from the sorrows and the tears, In a place of warmth and comfort, where there are no days or years, Think how she must be wishing, that we could know today, How nothing but our sadness, can really pass away, And think of her as living, in the hearts of those she touched, For nothing loved is ever lost, and she was loved so much. Anon

A TRIBUTE TO David Darko Bampoe (Sophia's late brother)

As we look back over time We find ourselves wondering Did we remember to thank you enough For all you have done for us? For all the times you were by our sides To help and support us To celebrate our successes To understand our problems And accept our defeats? Or for teaching us by your example, The value of hard work, good judgement, Courage and integrity? We wonder if we ever thanked you For the sacrifices you made. To let us have the very best? And for the simple things Like laughter, smiles and times we shared? If we have forgotten to show our Gratitude enough for all the things you did, We're thanking you now. And we are hoping you knew all along, How much you meant to us.

Joint appeal with All We Can

launched for Pakistan

All We Can and the Methodist Church in Britain have launched an urgent appeal to support communities impacted by the devastating flooding in Pakistan.

More than 1300 people have died since the monsoon season began in June, and it is reported that a third of the country is now underwater. Flood waters have not only devastated critical infrastructure, but also destroyed crops and livelihoods for countless people.

Pakistan is increasingly vulnerable to the impacts of the climate crisis – already, more than one million homes have been destroyed or damaged, and 33 million people have been affected by the flooding.

Through Methodist Church in Britain and All We Can's joint appeal, urgent support will reach those most impacted by the flooding. By working with trusted church and humanitarian partners, donations will make a critical difference.

The Revd Graham Thompson, President of the Methodist Conference, said: "We invite – even urge – all those who have warm and comfortable homes to give to this appeal. We have so much and our neighbours in Pakistan have so little; let us give as much as we can and do so as both an offering and a prayer for the people of Pakistan."

Visit All We Can's website to donate.

A Prayer for Pakistan:

Holy God, we pray for all whose families, homes and livelihoods have been devastated by floods.

We especially pray for the people of Pakistan as the nation is overwhelmed.

We give thanks for all that is being done to bring aid and relief and ask that you work in the hearts of your people to quickly provide more and more until hope is restored for all.

In Jesus' Name we pray.

Amen



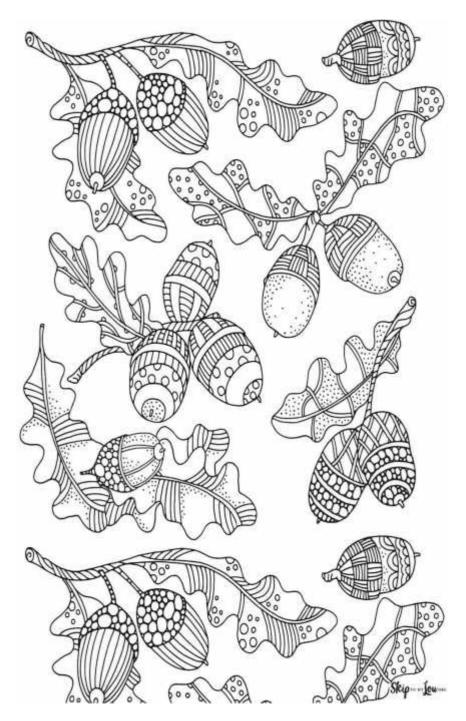
The Queens Funeral Wreath.

I was fascinated by the simplicity and thoughtfulness of the flowers and leaves used in this lovely arrangement as I thought they looked as though they could have been picked from one of her gardens.

On further investigation, I found out that the wreath which adorned the Queens coffin included flowers specifically requested by King Charles. Cut from the gardens of Buckingham Palace, Clarence House and Highgrove House, the flowers and foliage included rosemary, myrtle, English oak, pelargoniums, garden roses, autumnal hydrangea, sedum, dahlias and scabious.

Some flowers were chosen for their symbolism, with rosemary marking remembrance, while the myrtle was grown from a sprig of myrtle in the Queen's wedding

bouquet. Myrtle is an ancient symbol of a happy marriage. Meanwhile, the English oak symbolises the strength of love. Simply beautiful. **LB**



What's Happening!

TDY NEWS

By the time you read this, our young people and leaders will have just returned from 3Generate in Birmingham.

I look forward to reporting their news and experiences in the next edition

MACMILLAN COFFEE MORNING

Audrey sends her thanks to all who contributed in any way. The final amount raised will be announced in church and on the The Drive Together WhatsApp.

HARVEST FESTIVAL—Thank you to all who donated food items, money, time and effort into making our HARVEST FESTIVAL a time of thanksgiving in these difficult times.

Donations for flowers to decorate our church were much appreciated.

The donations of food and money have been given to The Redbridge Food Bank who also supply the Food Bank at Grange Hill Church.

THE SATURDAY LUNCH 8th October at 12.30pm Jacket Potatoes and fillings with salad.



The next Saturday Lunch will be on Saturday 8th October 12.30pm in the Parlour. I am grateful that Anne is masterminding this lunch as I am not available and Ruth is in Australia.

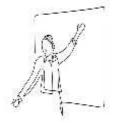
Please add your name to the list by the coffee hatch, message or give me a call. We can only cater for those on the list as we do not want to have any food waste.

It's always great to see you all . Why not bring a friend?

Lorraine 07929973430

Anne 07866 982561





UNESCO The United Nations Educational, Scientific and Cultural Organization is a specialised agency of the United Nations

aimed at promoting world peace and security through international cooperation in education, arts, sciences and culture. On this day UNESCO dedicates the day to celebrate the teaching profession worldwide, to take stock of achievements, and to address some of the issues central for attracting and keeping the brightest minds and young talents in the profession.

God Bless those who teach others. LB

"You call me Teacher and Lord, and rightly so, for that is what I am" (John 13:13).

When Nicodemus came to Jesus by night, he said, "We know that you are a teacher who has come from God" (John 3:2).

October is Black History Month

A Prayer for Black History

Lord God,

We thank you for the significance of this month.

We lift up and thank you for our Black brothers and sisters who have shaped history.

We thank you for the opportunity to learn and reflect particularly at this time, here and now.

We pray that the learning happening in schools, homes and workplaces will be meaningful and deep-rooted.

We pray for open hearts and minds, And spirits willing to learn and be transformed by you.

May this month be a time of curiosity and sharing, conversations and celebrations, challenge and encouragement.

Heavenly Father, help us to dig deeper, Look closer, and think bigger.

In Jesus' name, Amen.

COMMUNION COLLECTION

This months collection made in church during the hymn after Holy Communion is donated to The Redbridge Samaritans.

() () () () ()

Come and Sing

The New Essex Choir will be giving a Christmas Concert in the church on Saturday 10th December. All singers are invited to join the choir for this seasonal event.

Interested? www.newessexchoral.org.uk

Bible Reading Group



The Bible Reading Group will meet at 11:00. on Friday 21st October at Jan and John's. We will discuss Daniel chapter 7, followed by refreshments. All are welcome.

Jan and John.

Weekly News Sheet

Thank you to Andrew for re introducing the Church Weekly News sheets. They are really informative.

Do let Andrew have news items in good time.

Christians Against Poverty CAP

Do you need help with debt?

Debt Coaches at London Ilford Debt Centre:

Fumi Popoola-Akintemi Debt Coach

Call 0800 328 0006

George Ajanlekoko Debt Coach

Call 0800 328 0006

Some special memories from Anne.

Moments in Time

On the 4th June we held an Afternoon Tea event in the church hall and welcomed people to celebrate the Platinum Jubilee of our dear Queen Elizabeth. People from all faiths came together to enjoy festivities that included music, dancing, arts and crafts for children and a competition for the best decorated crown.

Everyone was a winner and the profit made from our event went to the Ukraine Appeal. We had such a happy weekend and we rejoiced to see our Queen make an appearance on the balcony at Buckingham Palace.

Just three months have passed since then and we are now mourning the loss of our beloved Queen. So many people have wonderful memories of her. I will always associate the colour blue with my memory of her Majesty.

I was just seven years of age and my cousin who was fourteen took me to see the Queen and Prince Phillip, who in the summer of 1953 following the Coronation, were being driven around the east end of London to greet the people.

My cousin insisted that we would see the Royal couple much better if we crossed the road, I remember protesting to her but when one is seven years old, one has to do what your 'grown up' cousin tells you to do. All I saw of the Queen was her blue hat, I remember feeling very disappointed.

In 2002 upon the occasion of the Queens Golden Jubilee I was standing by St Pauls Cathedral as the Queen was being driven past and I caught a glimpse of her blue hat.

In 2012, I took my two grandchildren to see her when she visited Valentines Mansion. We had such a good view of the Queen, she was dressed in blue and Charlotte was so happy to have, 'seen the Queen of England'. Of course I told her how

I had to wait sixty years to see more of her outfit than the top of her hat!

Just moments in time but so very special to me.

Such lovely memories. Thank you Anne.LB



SUPPORT OUR LOCAL FOODBANKS

Helping Local People in Crisis

WILL YOU BRING A TIN TO CHURCH **EACH SUNDAY?**



IF WE ALL BRING JUST <u>ONE</u> ITEM WE WILL HAVE 25—30 ITEMS TO DONATE EACH WEEK.

Some news from Sue



A Day at Worthing

Ilford Methodist Church resumed its annual coach trip to the seaside with a day in Worthing on Saturday 20th August. The day's train strike did not seem to affect our journey although on our return, progress was slow towards the Dartford Tunnel, but that is not unusual even on non-strike days. The village of Wennington could be seen across a field from the A13. Some of the destruction from that recent terrible fire was clearly visible on both journeys.

On arrival at Worthing, the coach left us near the Lido, from where it was easy to explore the town and the pier. We were impressed by the floral displays everywhere around the town.

Reverend Bernadino and Elizabeth Mandlate said that they were attending their last seaside trip with us before Dino's retirement. They are going to be sadly missed. However, Elizabeth Amah and I hope that we shall be able to join our friends at Ilford Methodist for another day out next year.

Thanks to Lorna Brown and her team for arranging for everything to run smoothly.

Susan Ruckes

Love Divine, All Loves Excelling

Love divine, all loves excelling, joy of heaven, to earth come down, fix in us thy humble dwelling, all thy faithful mercies crown.

Jesus, thou art all compassion, pure, unbounded love thou art.

Visit us with thy salvation; enter every trembling heart.

Breathe, O breathe thy loving Spirit into every troubled breast.

Let us all in thee inherit, let us find the promised rest.

Take away the love of sinning;

Alpha and Omega be.

End of faith, as its beginning, set our hearts at liberty.

Come, Almighty, to deliver,
let us all thy life receive.
Suddenly return, and never,
nevermore they temples leave.
Thee we would be always blessing,
serve thee as thy hosts above,
pray, and praise thee without ceasing,
glory in thy perfect love.

Finish, then, thy new creation;
true and spotless let us be.
Let us see thy great salvation
perfectly restored in thee.
Changed from glory into glory,
till in heaven we take our place,
till we cast our crowns before thee,
lost in wonder, love and praise.

Charles Wesley

News from the Religious Education Resources Project

Dear Friends,

As I write this, the new term is fast approaching as is the Methodist New Year. Both are times for new starts and fresh approaches. This academic year brings a new Agreed RE Syllabus for Redbridge which will see teachers looking at what they provide for this subject in different ways. Some may take a more thematic approach based on what is now called worldviews or ethics whilst others may still want knowledge about religions to be a part of their provision. A conference to launch this syllabus in October will clarify many approaches to the subject and I hope to attend this together with local RE teachers and school RE coordinators. This will be an interesting day to find out how we can help them in the terms ahead.

As you know one of my recent aims has been to restart the church visits and last term visits to Barkingside and Seven Kings church took place for around 150 people in total. 2 others to Gantshill and Goodmayes were planned but did not proceed due to school changes in the curriculum and last minute absentees of teachers due to Covid. This suggests that schools are still not 'back to normal' and I have to be prepared to change plans quickly.

One of the visits was a sensory interactive discovery of the church for Special Needs children which I have many resources for and we are the only faith group offering this learning experience. I hope to have the opportunity to do this again this term.

If your church does receive a contact from a school please refer it to me. I have a target of returning a contact within 3 days as schools quickly move onto something else. Unfortunately one of our Circuit churches did not refer a request to me until the school holidays had started. By then it was difficult to reach the teacher who decided not to bother next year due to the delays so please let me know as soon as you can.

As usual the school year ahead will require adjustments and an open ear to listen and communicate with teachers as they decide how they can best teach Christianity and the help they may need. I am looking forward to how we can respond to them with sessions and church visits and will keep you up to date through your church newsletter and newssheets.

Thank you for all your prayers and support over this year. God Bless

Carol Dawson (RERP Schools Worker) www.rerp-methodsit-church.org.uk info@rerp-methodist-church.org.uk

Brian's Musings.....

God grant me the serenity to accept the things I cannot change, the courage to change the things I can and the wisdom to know the difference.

Reinhold Niebuhr

Let me tell you something that we Israelis have against Moses. He took us 40 years through the desert in order to bring us to the one spot in the Middle East that has no oil!

Golda Meir

A big thank you to the Property Committee

We have a new sound system! Many thanks to Jeremy and Mike for all the time they spent organising it and getting it all set up and running.

We must also extend our thanks to them for arranging the CCTV installation we now have, following the recent break-in, and also the new windows in the Choir vestry and the Hall block.

The Cost of Living Crisis

On Monday 26 September the District will be launching a new webpage dedicated to the Cost of Living crisis and how our circuits, churches and congregations can respond. We are aware that some of our churches may wish to offer a warm space to people over the coming months; and with this in mind, the Connexion have invited all those who wish to consider this option to sign up to the 'Warm Welcome Campaign'.

As a District, in addition to the webpage, we will be hosting an event taking a look at the cost of living crisis and how we as a church can respond, especially when so many churches are already struggling. More information on this event can be found below.

The School Uniform Bank

A place to donate or obtain pre-loved non-branded primary and secondary School Uniform for local reuse across Barking & Dagenham, Havering, Redbridge and Newham.

This charitable organisation is adopted by many school to ensure that good quality uniform items are recycled for others to use.

See Facebook or ask your local school

SAFEGUARDING INFO

FOUNDATION MODULE face to face training

When you read this we will have completed the 3rd session of the Foundation Module training from our premises at The Drive during 2022. The smaller groups of approx. 15 are proving to work well and there have been some memorable discussions.

I hope all who have completed this training have had a chance to look through the excellent handbook taken away from the training, as this is designed to help consolidate learning and is also an informative reference guide.

Remember: the 4 R's

Recognise, Respond, Record, Refer

Safeguarding is the responsibility of us all.

I look forward to welcoming another new group of people

from our circuit in November.

Lorraine

34

ADVANCED SAFEGUARDING Training— online edition

There have been some changes to the way in which participants need to register for the Advanced Module (online version) safeguarding training. The changes essentially mean that you will not be able to book a place on the Gathered Session (meeting together) unless you have completed the online modules. For more information on the update, please look on the Methodist website safeguarding/training or ask Lorraine.

The Creating Safer Space Advanced Module is designed to consolidate and develop the learning gained from the Foundation Module. Whilst everyone is welcome to undertake the Advanced Module, it is a mandatory requirement for certain positions. A list of these roles is on the Safeguarding notice board in the Parlour.

The online edition of this course is made up of two elements:

-) online e-learning modules
- attendance at the 'Gathered Session' (meeting together) led by a District Safeguarding trainer on Zoom

When registered, participants can work through the online modules in their own time, although there is an expectation that it will be completed within 4 weeks. Following this you will attend a gathered session—on zoom. On registering, you will be given a list of dates and times for the gathered sessions.

You will register through Eventbrite and the e learning is delivered by Theology X, which is a global community of practice committed to developing and delivering theological education and Christian vocational training that serves God's church and world.

Registering can appear complicated, but don't let this put you off as there is always someone to help you. If you get stuck, give me a call.

Lorraine

Shoe Box Appeal

It is that time again and we have now got the pre-printed flat pack boxes for this year's appeal. They are on the back pew behind the table for coffee and, if you can help by filling a box or two then please take them. YOU WILL ALSO NEED AN INSTRUCTION LEAFLET, which tells you about what can be put in the boxes (it seems to change every year) and someone will be in the vicinity of the boxes with a supply of leaflets. We are having to do it this way as in previous years we have run out of leaflets.

The filled boxes must be ready to be taken to the collection point by the first Sunday in November. The easiest way to donate the amount required towards the shipping costs, is to pay it online and print the receipt and place that in the top of the box.

Lets hope we can send many boxes for children who are unlikely to get anything for Christmas, they will also receive a special booklet all about Jesus.

Many thanks for your anticipated help in brightening up some of the children's lives.

Brian Grinham

The World Health Organisation recognises World Mental Health Day on 10 October every year.

The goal is to help raise mental health awareness so that people living with mental illness can live better lives with dignity. World Mental Health Day is also a chance to talk about mental health in general, how we need to look after it, and how important it is to talk about things and get help if you are struggling.

The theme of 2022's World Mental Health Day, set by the World Federation for Mental Health, is:

'Make mental health and wellbeing for all a global priority'.

The green ribbon is the international symbol of mental health awareness. Wear a green ribbon to show colleagues, loved ones or simply those you walk past that you care about their mental health. It can also be worn in memory of a loved one.



THE

WORD SEARCH BATTLE

Bible

Difficulty: Medium

٧	٧	S	Α	٧	I	0	R	G	0
Р	s	Ν	Α	М	0	R	Ν	Ν	Z
W	М	Р	٧	1	L	В	Υ	1	F
N	W	K	В	U	Υ	F	Ε	K	W
Н	٧	В	K	J	Α	М	Ε	s	Ν
I	Α	Ε	L	М	Т	Н	0	С	0
R	J	K	0	K	S	1	٧	0	Α
K	U	0	R	R	W	U	Т	С	С
Ţ	D	Q	D	Α	٧	Z	Q	U	Т
K	Ε	Α	Ν	М	Ν	Н	0	J	S

Play this puzzle online at: https://www.wordsearchbattle.io/topic/bible

ACTS	JUDE	LUKE	ROMANS
JAMES	KING	MARK	SAVIOR
JOHN	LORD	RABBI	TITUS

News from Redbridge

REPAIR CAFE - if you have a bike, a piece of clothing or small electrical item that needs fixing, why not bring it along? At the event there'll also be free financial advice, a toy swap and refreshments. No need to book, just turn up on the **15**th **October, from 10:30am to 1:30pm** at the Woodford Memorial Hall, 209 High Road, South Woodford E18 2PA.

Don't let cartons catch you out

They may look like cardboard but Tetrapaks are made up of three different materials (cardboard, aluminium and plastic) which makes recycling them tricky. Food and drinks cartons for orange juice, soup or oat milks look recyclable and often have "recyclable" printed on them, but these items can't be recycled in your box at home in this borough.

The good news is cartons (Tetrapaks) **can** be recycled at Chigwell Road Reuse and Recycle Centre, along with take away hot drinks cups which are made of similar materials. Collect up a bundle of cartons to take along or why not repurpose some as a bird feeder or plant pot for window-ledge herbs?

Check out these easy steps to turn your carton into a planter!

- 1. Cut the top off your empty and rinsed carton or Tetrapak
- 2. Carefully make a few holes through the bottom of the carton
- 3. Fill with soil, plant a seed and water generously to kickstart your new pot

Due to the carton's materials the container will hold it's shape even with watering! Want to refresh your Redbridge recycling knowledge? Head over to our website for a full list of what you can recycle at home.

Samaritans. To talk about anything that is upsetting you, you can contact <u>Samaritans</u> 24 hours a day, 365 days a year. You can call <u>116 123</u> (free from any phone), email jo@samaritans.org

SANEline. If you're experiencing a mental health problem or supporting someone else, you can call **SANEline** on **0300 304 7000** (4.30pm–10.30pm every day).

ChildLine

Free confidential service to help young people under 19 with any issue they are going through.

Helpline: 0800 1111

Family Lives (previously known as Parent line)

Offers information, advice, guidance and support on any aspect of parenting and family life, including bullying.

Helpline: 0808 800 2222

The Mix

The Mix's Crisis Messenger text service 24/7 and open to anyone aged 25 or under living in the UK. If you're in crisis and need to talk, text **THEMIX to 85258.**

Webchat and Helpline service for free and confidential information and help on a wide range of issues for 13 to 25 year olds. All issues.

CARERS UK

Information advice and support for people who are looking after a friend or family member.

Advice line: 0808 808 7777

<u>Disability Rights UK</u> Information and advice on a wide range of issues for disabled people.

Disabled Students Helpline: 0800 328 5050 Personal Budgets Helpline: 0300 555 152

<u>24-hour National Domestic Violence</u> A national service for women experiencing domestic violence or others calling on their behalf.

Helpline: 0808 2000 247

Refuge - Help for Teenage Girls

Information and advice on violence against teenage girls and young women.

Helpline: 0808 2000 247 Advice line: 0808 801 0660

<u>Men's advice line</u> Free advice and support for men experiencing domestic violence and abuse .

Helpline: 0808 801 0327

AL-ANON Helpline: 020 7403 0888 (10am-10pm) For

families affected by alcohol abuse

The day thou gavest, Lord is ended

The day thou gavest, Lord, is ended, the darkness falls at thy behest; to thee our morning hymns ascended, thy praise shall sanctify our rest.

We thank thee that thy Church unsleeping, while earth rolls onward into light, through all the world her watch is keeping, and rests not now by day or night.

As o'er each continent and island the dawn leads on another day, the voice of prayer is never silent, nor dies the strain of praise away.

The sun that bids us rest is waking our brethren 'neath the western sky, and hour by hour fresh lips are making thy wondrous doings heard on high.

So be it, Lord; thy throne shall never, like earth's proud empires, pass away; thy kingdom stands, and grows for ever, till all thy creatures own thy sway.

Sung to St. Clement

Reverend Clement Cotteril Scholefield.

CHURCH DIARY FOR OCTOBER



2nd Oct 11.15am - Sunday Worship with HC

led by - Rev. Mmasape Zihle

Oct.8th Saturday Lunch 12.30 in the Parlour.

9th Oct 11.15am - Sunday Worship led by-Rev. Mmasape Zihle Church Life Committee Meeting following the service

16th Oct 11.15am - Sunday Worship - led by The Drive Youth

21st Oct –11am Bible Reading Group

23rd Oct 11.15am - Sunday Worship—led by Mr Alfred Mensah

30th Oct 11.15am—Sunday Worship—led by Rev. Mmasape Zihle.

Services every Sunday at 11.15am

Senior Church Stewards:

Michelle Garner Diane Foster

Property Steward Bookings Jeremy Foster bookings@drive-methodist.church

Church Council Secretary - Priya Inbakumar

Music @ The Drive - Andrew Taylor

Flower Rota Secretary - Janet Brunnen

The Drive Youth - Jo Wright

Safeguarding @The Drive Lorraine Bendon

JMA Secretary - Diane Foster

Newsletter Editor: Lorraine Bendon newsletter@drive-methodistchurch

Group Scout Leader:

Mr M Seviour

Pre School: Kay Whiddon

Term time only: Mon - Fri 9.15am -12pm , 1pm -3.45pm